



United Way  
Thomas Jefferson Area

# Quick Guide to Family Resources - Summer 2009

## United Way Information and Referral Center

Covering the City of Charlottesville and the counties of Albemarle, Fluvanna, Greene, Louisa and Nelson (PD10).

This guide is not an all-inclusive list, nor does it list all of the services provided by an agency. All area codes are (434) except as noted.

### PUBLIC SERVICE AGENCIES

#### SOCIAL SERVICE AGENCIES

|  |                |
|--|----------------|
| Albemarle Dept. of Social Services       | 972-4010       |
| Charlottesville Dept. of Social Services | 970-3400       |
| Fluvanna Dept. of Social Services        | 842-8221       |
| Greene Dept. of Social Services          | 985-5246       |
| Louisa Dept. of Social Services          | (540) 967-1320 |
| Nelson Dept. of Social Services          | 263-8334       |

#### HEALTH DEPARTMENTS

*Provides general health care, immunizations, pregnancy and well baby care.*

|                           |                |
|---------------------------|----------------|
| Charlottesville/Albemarle | 972-6219       |
| Fluvanna County           | 591-1960       |
| Greene County             | 985-2262       |
| Louisa County             | (540) 967-3703 |
| Nelson County             | 263-8315       |

### CHILD CARE

#### REFERRAL RESOURCES

|  |          |
|--|----------|
| Children, Youth & Family Services (CYFS) | 296-4118 |
|--|----------|

#### FINANCIAL AID SCHOLARSHIPS

|                                    |          |
|------------------------------------|----------|
| United Way Child Care Scholarships | 972-1715 |
|------------------------------------|----------|

*See top of page, Social Services Agencies*

### DONATIONS & THRIFT STORE

#### CLOTHING CLOSETS/THRIFT STORES

|                                      |          |
|--------------------------------------|----------|
| Central Virginia Baptist Association | 589-6080 |
| Church of the Brethren               | 973-3639 |
| Goodwill Industries Thrift Shop      | 295-3967 |
| Pregnancy Center of Central VA       | 979-8888 |
| Salvation Army Thrift Shop           | 979-5230 |
| Schoolhouse Thrift Shop              | 973-2271 |
| Twice is Nice Thrift Shop            | 293-8319 |
| Wheels to Work                       | 295-3171 |

### EDUCATION

#### ADULT AND BASIC EDUCATION

|                                  |                |
|----------------------------------|----------------|
| Adult Education/ Albemarle       | 296-3872       |
| Adult Education/ Charlottesville | 245-2817       |
| Adult Education/ Louisa          | (540) 894-4679 |
| Adult Education/ Nelson          | 263-8317       |
| CATEC                            | 973-4461       |
| Continuing Education-PVCC        | 977-3900       |
| Continuing Education-UVA         | 982-5313       |

|                       |          |
|-----------------------|----------|
| Even Start / Fluvanna | 842-9273 |
|-----------------------|----------|

#### EARLY CHILDHOOD

|                    |          |
|--------------------|----------|
| Head Start (MACAA) | 295-3171 |
| Smart Beginnings   | 972-1701 |

#### LITERACY AND TUTORING

|                                     |                |
|-------------------------------------|----------------|
| Literacy Vols. of America/ CHAR-ALB | 977-3838       |
| Literacy Volunteers of America/ FLU | 842-2521       |
| Literacy Volunteers of America/ LOU | (540) 967-1051 |
| Literacy Volunteers of America/ NEL | 263-8228       |

### EMERGENCY SERVICES

|                                     |                |
|-------------------------------------|----------------|
| Fire / Rescue / Police              | 911            |
| Child & Adult Protective Services   | Call DSS       |
| Poison Control                      | (800) 222-1222 |
| Region Ten - Mental Health          | 972-1800       |
| Runaway Hotline (CYFS)              | 972-SAFE       |
| Shelter for Help in Emergency (SHE) | 293-8509       |

### EMPLOYMENT

#### COUNSELING AND TRAINING

|                                     |                    |
|-------------------------------------|--------------------|
| Albemarle Career Center             | 972-4010 ext. 3617 |
| Charlottesville Piedmont Works      | 977-2662           |
| FOCUS Teensight                     | 295-8336           |
| FOCUS Women's Resource Center       | 293-2222           |
| One Stop Career Center              | 977-2662           |
| Piedmont Works/ Louisa              | (540) 967-5201     |
| UVA Personal & Career Development   | 924-0783           |
| VA Dept. of Rehabilitative Services | 296-5621           |
| EMPLOYMENT ASSISTANCE               |                    |
| Albemarle Human Resources Dept.     | 296-5827           |
| C-ville Human Resources Dept.       | 970-3490           |
| UVA Human Resources Dept.           | 924-4598           |
| VA Employment Commission            | 984-7630           |
| Weed & Seed Program                 | 970-3120           |
| WorkSource Enterprises              | 972-1730           |

### FINANCIAL SERVICES / ASSISTANCE

|                                    |                |
|------------------------------------|----------------|
| BUDGET & CREDIT COUNSEL/ MENTOR    |                |
| Consumer Credit Counseling         | (800) 390-2227 |
| Budget and Credit Counseling       | 825-6608       |
| VA Cooperative Extension/ CHAR-ALB | 872-4580       |
| VA Cooperative Extension/ FLU      | 591-1950       |
| VA Cooperative Extension/ GRN      | 985-5236       |
| VA Cooperative Extension/ LOU      | (540) 967-3422 |

|            |          |
|------------|----------|
| Love, INC. | 977-7777 |
|------------|----------|

|                               |          |
|-------------------------------|----------|
| VA Cooperative Extension/ NEL | 263-4035 |
|-------------------------------|----------|

#### TEMPORARY FINANCIAL ASSISTANCE

|                     |                |
|---------------------|----------------|
| CARES               | 295-3171 ext 4 |
| MACAA/ Fluvanna     | 842-2521       |
| MACAA/ Louisa       | (540) 967-9522 |
| MACAA/ Nelson       | 263-8119       |
| Salvation Army      | 295-4058       |
| Skyline CAP/ Greene | 985-6066       |

*See top of page, Social Services Agencies*

### FOOD RESOURCES

*Food Stamps: See Social Services Agencies*

|                                   |          |
|-----------------------------------|----------|
| Community Meals on Wheels         | 293-4364 |
| Daily Meal Sites/Soup Kitchens    | 972-1703 |
| Emergency Food Bank/ CHAR-ALB     | 979-9180 |
| Emergency Food Bank/ FLU          | 842-2521 |
| Food Pantry/ NEL                  | 263-6923 |
| Salvation Army Public Meals       | 295-4058 |
| United Way Information & Referral | 972-1703 |

### HEALTH / MEDICAL ASSISTANCE

*Medicaid: See Social Services Agencies*

|                                    |                |
|------------------------------------|----------------|
| Blue Ridge Medical Center/ NEL     | 263-4000       |
| Central VA Comm. Health Center     | 581-3271       |
| Charlottesville Free Clinic        | 296-5525       |
| Community Children's Dental Center | 293-9300       |
| Louisa Dental Clinic               | (540) 967-4439 |
| Martha Jefferson Hospital          | 982-7000       |
| UVA Medical Center                 | 924-0211       |
| UVA/Southern Alb. Family Medicine  | 286-3602       |
| Westhaven Clinic                   | 971-1200       |

#### OTHER MEDICAL ASSISTANCE

|  |                |
|--|----------------|
| Insurance for Children Project (FAMIS) | 972-1703       |
| Rehabilitation Services                | (540) 967-4439 |

#### PREGNANCY, PRENATAL AND WELL BABY

|   |          |
|---|----------|
| Healthy Families (CYFS)                     | 296-4118 |
| Jefferson Area CHIP                         | 964-4700 |
| Martha Jefferson Hospital                   | 982-7009 |
| Planned Parenthood                          | 296-1000 |
| Pregnancy Center of Central VA              | 979-8888 |
| UVA Women's Place                           | 982-3678 |
| WIC Program -- see local Health Departments |          |

**United Way Information & Referral Center/Centro de información**  
**806 East High Street, Charlottesville, VA 22902**  
**(434) 972-1703**  
**Se habla español**

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## United Way Information and Referral Center

**(434) 972-1703**

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### **HOUSING RESOURCES**

#### **HOUSING COUNSELING AND OWNERSHIP**

|   |                |
|---|----------------|
| Albemarle Housing Improvement                       | 817-2447       |
| Albemarle Office of Housing                         | 296-5839       |
| Charlottesville Redevelopment and Housing Authority | 296-1863       |
| Fluvanna County Housing Foundation                  | 589-4820       |
| Habitat for Humanity                                | 293-9066       |
| Louisa County Housing Foundation                    | (540) 967-3483 |
| MACAA / CHAR-ALB                                    | 295-3171       |
| MACAA / FLU   | 842-2521       |
| MACAA / LOU   | (540) 967-9522 |
| MACAA / NEL   | 263-8119       |
| Nelson Co. Community Devl. Foundation               | 263-8074       |
| Piedmont Housing Alliance                           | 817-2436       |

#### **HOUSING REHABILITATION AND REPAIR**

|                                    |          |
|------------------------------------|----------|
| AHIP Home Rehab & Repair           | 817-2447 |
| Charlottesville Free Paint Program | 970-3182 |
| Charlottesville Home Owner Rehab   | 970-3182 |
| JABA Home Safety & Repair          | 817-1634 |
| USDA Rural Development             | 975-0047 |
| Weatherization Program             | 293-3777 |

### **HOMELESS INTERVENTION**

|                                      |          |
|--------------------------------------|----------|
| PACEM                                | 465-1392 |
| Salvation Army Homeless Intervention | 295-4058 |

### **HOTLINES/HELPLINES**

|                                     |                |
|-------------------------------------|----------------|
| AIDS/HIV Services Group             | 979-7714       |
| Helpline (Madison House)            | 295-8255       |
| IRC-Disability Advocacy/Counseling  | 971-9629       |
| Mental Health America               | 977-4673       |
| Poison Control                      | (800) 222-1222 |
| Region Ten Emergency Services       | 972-1800       |
| Runaway Hotline (CYFS)              | 972-7233       |
| Sexual Assault Resource Agency      | 977-7273       |
| Shelter for Help in Emergency (SHE) | 293-8509       |

### **MISCELLANEOUS**

#### **CHILD SUPPORT**

|                                   |                |
|-----------------------------------|----------------|
| Div. of Child Support Enforcement | (800) 782-3523 |
|-----------------------------------|----------------|

#### **INTERPRETATION/TRANSLATION**

|                                   |          |
|-----------------------------------|----------|
| IRC Community Interpreter Service | 979-7772 |
|-----------------------------------|----------|

### **LEGAL ASSISTANCE**

|                            |                          |
|----------------------------|--------------------------|
| Central Virginia Legal Aid | (800) 868-1012; 296-8851 |
| FOCUS Lawyers Assistance   | 293-2222                 |
| Legal Aid Justice Center   | 977-0553                 |

### **MENTORING AND COMPANIONSHIP**

|                                   |                |
|-----------------------------------|----------------|
| Abundant Life Ministry            | 970-2016       |
| Big Brothers Big Sisters          | 244-0882       |
| Boys & Girls Club                 | 977-2001       |
| Boy Scouts-Stonewall Jackson      | (540) 943-6675 |
| Christian Women's Job Corps       | 589-6080       |
| Community Attention Teens Give    | 970-3334       |
| Computers4Kids                    | 817-1121       |
| Girl Scouts of VA/Skyline Council | 296-5156       |
| Hope Partnership                  | 973-4381       |
| UVA Madison House                 | 977-7051       |

### **PARENTING/FAMILY SUPPORT**

#### **COUNSELING-FAMILIES OR CHILDREN**

|                                     |                |
|-------------------------------------|----------------|
| Children, Youth & Family Services   | 296-4118       |
| Community Attention                 | 970-3342       |
| Family Preservation Services        | 293-4262       |
| Lafayette School & Treatment Center | 971-8636       |
| Project LINK Parenting Program      | 970-1498       |
| Region Ten Community Services       | 972-1800       |
| VA Cooperative Ext. / CHAR-ALB      | 872-4580       |
| VA Cooperative Extension / FLU      | 591-1950       |
| VA Cooperative Extension / GRN      | 985-5236       |
| VA Cooperative Extension / LOU      | (540) 967-3422 |
| VA Cooperative Extension/ NEL       | 263-4035       |
| <b>TUTORING</b>                     |                |
| The Learning Center                 | 977-6006       |

### **SPECIAL EDUCATION SUPPORT SERVICES**

|                               |          |
|-------------------------------|----------|
| Arc of the Piedmont           | 977-4003 |
| Piedmont Regional Ed. Program | 975-9400 |
| The Learning Center           | 977-6006 |

### **SENIOR SERVICES**

|                                   |                |
|-----------------------------------|----------------|
| Adult Health Care-JABA            | 817-5222       |
| Alzheimer's Association           | 973-6122       |
| Hospice of the Piedmont           | (800) 975-5501 |
| Information & Assistance-JABA     | 817-5260       |
| Insurance Counseling & Assistance | 817-5248       |
| Meals Home Delivery-JABA          | 817-5260       |
| Senior Center, Inc.               | 974-7756       |
| Social Security Administration    | 295-1144       |

### **TRANSPORTATION**

|                                 |          |
|---------------------------------|----------|
| Charlottesville Transit System  | 970-3840 |
| Greene County Transit           | 985-5205 |
| JAUNT toll free 800-365-2868    | 296-6174 |
| RideShare                       | 295-6165 |
| University Transit System (UTS) | 924-7711 |

### **VOLUNTEER OPPORTUNITIES**

|                             |          |
|-----------------------------|----------|
| LOVE, INC.                  | 977-7777 |
| United Way Volunteer Center | 972-1705 |

### **WOMEN'S SERVICES**

|                                     |          |
|-------------------------------------|----------|
| FOCUS Women's Resource Center       | 293-2222 |
| Project Link Women on the Move      | 970-1498 |
| Sexual Assault Resource Agency      | 977-7273 |
| Shelter for Help in Emergency (SHE) | 963-4676 |
| UVA Women's Center                  | 982-2361 |
| Westhaven Clinic                    | 971-1200 |
| The Women's Initiative              | 872-0047 |

## **United Way-Thomas Jefferson Area**



**GIVE. ADVOCATE. VOLUNTEER. LIVE UNITED.**

For Statewide Information & Referral in Virginia, dial 2-1-1.



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