



United Way  
Thomas Jefferson Area

# Quick Guide to Family Resources 2011

## United Way Information and Referral Center

Covering the City of Charlottesville and the counties of Albemarle, Fluvanna, Greene, Louisa and Nelson (PD10).

This guide is not an all-inclusive list, nor does it list all of the services provided by an agency. All area codes are (434) except as noted.

### PUBLIC SERVICE AGENCIES

#### SOCIAL SERVICE AGENCIES

Albemarle Dept. of Social Services	972-4010
Charlottesville Dept. of Social Services	970-3400
Fluvanna Dept. of Social Services	842-8221
Greene Dept. of Social Services	985-5246
Louisa Dept. of Social Services	(540) 967-1320
Nelson Dept. of Social Services	263-7160

#### HEALTH DEPARTMENTS

*Provides general health care, immunizations, pregnancy and well baby care.*

Charlottesville/Albemarle	972-6219
Fluvanna County	591-1960
Greene County	985-2262
Louisa County	(540) 967-3703
Nelson County	263-8315

### CHILD CARE

#### REFERRAL RESOURCES

Children, Youth & Family Services (CYFS)	296-4118
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#### FINANCIAL AID SCHOLARSHIPS

United Way Child Care Scholarships	972-1715
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*See top of page, Social Services Agencies*

### DONATIONS & THRIFT STORE

#### CLOTHING CLOSETS/THRIFT STORES

Central Virginia Baptist Association	977-6876
FOCUS Thrift Shop	293-2222
Goodwill Industries Thrift Shop	295-3967
Pregnancy Center of Central VA	979-8888
Salvation Army Family Store	979-5230
Schoolhouse Thrift Shop	973-2271
Twice is Nice Thrift Shop	293-8319
Free Laundry Service by Appointment	977-7777

### EDUCATION

#### ADULT AND BASIC EDUCATION

Adult Education/ Albemarle	296-3872
Adult Education/ Charlottesville	245-2817
Adult Education/Louisa	(540) 967-5660
Adult Education/ Nelson	263-8317
CATEC	973-4461
Continuing Education-PVCC	977-3900
Continuing Education-UVA	982-5313

Families Learning Together/ FLU	842-9273
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#### EARLY CHILDHOOD

Head Start (MACAA)	295-3171
Smart Beginnings	972-1701
Bright Stars	972-4010 ext.4140
Charlottesville Preschool Program	245-2813

#### LITERACY AND TUTORING

Literacy Volunteers of CHAR-ALB	977-3838
Literacy Volunteers of Nelson Co.	263-8294

### EMERGENCY SERVICES

Fire / Rescue / Police	911
Child & Adult Protective Services	Call DSS
Poison Control	(800) 222-1222
Region Ten - Mental Health	972-1800
Runaway Hotline (CYFS)	972-SAFE
Shelter for Help in Emergency (SHE)	293-8509

### EMPLOYMENT

#### COUNSELING AND TRAINING

Albemarle Career Center	972-4010 ext. 3617
Charlottesville Piedmont Works	977-2662
FOCUS Teensight	293-2222 ext. 24
FOCUS Women's Resource Center	293-2222
Louisa Employment Center	(540) 967-1277
One Stop Career Center	977-2662
UVA Personal & Career Development	924-0783
VA Dept. of Rehabilitative Services	296-5621

### FINANCIAL SERVICES / ASSISTANCE

#### BUDGET & CREDIT COUNSEL/ MENTOR

Consumer Credit Counseling	(888) 738-8233
UVA Community Credit Union	964-2001
VA Cooperative Extension/ CHAR-ALB	872-4580
VA Cooperative Extension/ FLU	591-1950
VA Cooperative Extension/ GRN	985-5236

VA Cooperative Extension/ LOU	(540) 967-3422
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Love, INC.	977-7777
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VA Cooperative Extension/ NEL	263-4035
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#### TEMPORARY FINANCIAL ASSISTANCE

CARES	295-3171 ext 3031
MACAA/ Fluvanna	842-2521
MACAA/ Louisa	(540) 967-9522
MACAA/ Nelson	263-8119
Salvation Army	295-4058
Skyline CAPI/ Greene	985-6066

*See top of page, Social Services Agencies*

### FOOD RESOURCES

*Food Stamps: See Social Services Agencies*

Meals on Wheels of CHAR-ALB	293-4364
Daily Meal Sites/Soup Kitchens	972-1703
Emergency Food Bank/ CHAR-ALB	979-9180
Emergency Food Bank/ FLU	842-2521
Salvation Army Public Meals	295-4058
United Way Information & Referral	972-1703

### HEALTH / MEDICAL ASSISTANCE

*Medicaid: See Social Services Agencies*

Blue Ridge Medical Center/ NEL	263-4000
Central VA Comm. Health Center	581-3271
Charlottesville Free Clinic	296-5525
Community Children's Dental Center	293-9300
Louisa Dental Clinic	(540) 967-9401
Martha Jefferson Hospital	654-7009
UVA Medical Center	924-0211
Westhaven Clinic	971-1200
Plan First	Call DSS

#### OTHER MEDICAL ASSISTANCE

Insurance for Children Project (FAMIS)	972-1706
On Our Own-Mental Health Recovery	979-2440

#### PREGNANCY, PRENATAL AND WELL BABY

Healthy Families (CYFS)	296-4118
Jefferson Area CHIP	964-4700
Martha Jefferson Hospital	654-7009
Planned Parenthood	296-1000
Pregnancy Center of Central VA	979-8888
UVA Women's Place	982-3678

*WIC Program -- see local Health Departments*

United Way Information & Referral Center/Centro de información

806 East High Street, Charlottesville, VA 22902

(434) 972-1703

Se habla español



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### HOUSING RESOURCES

Albemarle Housing Improvement	817-2447
Albemarle Office of Housing	296-5839
Charlottesville Redevelopment and Housing Authority	296-1863
Habitat for Humanity	293-9066
Fluvanna/Louisa Housing Foundation	(540) 967-3483
MACAA / CHAR-ALB	295-3171
MACAA / FLU	842-2521
MACAA / LOU	(540) 967-9522
MACAA / NEL	263-8119
Nelson Co. Community Devl. Foundation	263-8074
Piedmont Housing Alliance	817-2436

### HOUSING REHABILITATION AND REPAIR

AHIP Home Rehab & Repair	817-2447
Charlottesville Free Paint Program	970-3182
Charlottesville Home Owner Rehab	970-3182
Weatherization Program	293-3777

### HOMELESS INTERVENTION

MACAA Hope House	295-3171
On Our Own-Drop In Center	979-2440
PACEM	465-1392
Salvation Army Homeless Intervention	295-4058
Shelter for Help in Emergency (SHE)	293-8509
The Haven at First & Market	973-1234

### HOTLINES/HELPLINES

AIDS/HIV Services Group	979-7714
Helpline (Madison House)	295-8255
IRC-Disability Advocacy/Counseling	971-9629
Mental Health America	977-4673
Poison Control	(800) 222-1222
Region Ten Emergency Services	972-1800
Runaway Hotline (CYFS)	972-7233
Sexual Assault Resource Agency	977-7273
Shelter for Help in Emergency (SHE)	293-8509

### MISCELLANEOUS

<b>CHILD SUPPORT</b>	
Div. of Child Support Enforcement	(800) 468-8894
<b>INTERPRETATION/TRANSLATION</b>	
IRC Community Interpreter Service	979-7772

### HOLIDAY ASSISTANCE

Various projects and eligibility information 972-1703

### LEGAL ASSISTANCE

Central Virginia Legal Aid (800) 868-1012; 296-8851  
 FOCUS Lawyers Assistance 293-2222  
 Legal Aid Justice Center 977-0553

### MENTORING AND COMPANIONSHIP

Abundant Life Ministry 970-2016  
 Big Brothers Big Sisters 244-0882  
 Boys & Girls Club 971-9400  
 Boy Scouts-Stonewall Jackson (540) 943-6675  
 Community Attention Teens Give 970-3334

### Computers4Kids

817-1121  
 Girl Scouts of VA/Skyline Council 296-5156  
 LOVE, INC. 977-7777

### UVA Madison House

977-7051

### Free Tax Preparation

972-1703

### PARENTING/FAMILY SUPPORT

#### COUNSELING-FAMILIES OR CHILDREN

Children, Youth & Family Services 296-4118  
 Community Attention 970-3342  
 Family Preservation Services 293-4262  
 Lafayette School & Treatment Center 971-8636  
 Project LINK 972-1884  
 Region Ten Community Services 972-1800  
 VA Cooperative Ext. / CHAR-ALB 872-4580  
 VA Cooperative Extension / FLU 591-1950  
 VA Cooperative Extension / GRN 985-5236  
 VA Cooperative Extension / LOU (540) 967-3422  
 VA Cooperative Extension / NEL 263-4035

### SPECIAL EDUCATION SUPPORT SERVICES

Arc of the Piedmont 977-4003  
 Piedmont Regional Ed. Program 975-9400

### SENIOR SERVICES

Adult Health Care-JABA 817-5222  
 Alzheimer's Association 973-6122  
 Hospice of the Piedmont (800) 975-5501  
 Information & Assistance-JABA 817-5222  
 Insurance Counseling & Assistance 817-5248  
 Meals Home Delivery-JABA 817-5222  
 Senior Center, Inc. 974-7756  
 Social Security Administration (800) 772-1213

### TRANSPORTATION

Charlottesville Transit Service 970-3649  
 Greene County Transit 985-5205  
 JAUNT toll free 800-365-2868 296-6174  
 RideShare 295-6165  
 University Transit System (UTS) 924-7711  
 VA Dept. of Rehabilitative Services 296-5621

### VOLUNTEER OPPORTUNITIES

LOVE, INC. 977-7777  
 United Way Volunteer Center 972-1705

### WOMEN'S SERVICES

FOCUS Women's Resource Center 293-2222  
 Project Link 972-1884  
 Sexual Assault Resource Agency 977-7273  
 Shelter for Help in Emergency (SHE) 963-4676  
 UVA Women's Center 982-2361  
 Westhaven Clinic 971-1200  
 The Women's Initiative 872-0047

## United Way-Thomas Jefferson Area



**GIVE. ADVOCATE. VOLUNTEER. LIVE UNITED.**

For Statewide Information & Referral in Virginia, dial 2-1-1

Does Your Child Need Health Insurance?

If your children are 18 and under and uninsured **FAMIS** may be able to help! Call the United Way Insurance for Children Project (434) 972-1706.

