

Successful Kids in Strong Families

After-School Tutoring

Charlottesville Abundant Life Ministries, Inc. (CALM)

Individual, trained tutors meet weekly in one-on-one mentoring relationships with 1st – 4th grade students from the Blue Ridge Commons/Prospect Avenue/Grove Street areas. Tutoring is held in a safe, structured environment. Participants work on reading skills, math and homework. There is no financial charge, but attendance is mandatory, and parents/guardians are asked to complete two hours of service each semester.

Child Care Scholarships

United Way-Thomas Jefferson Area

Child Care Scholarships help low-income, working parents maintain their employment and work toward self-sufficiency through partial funding of reliable, safe and educational care for their children.

Educational Equity

Urban Vision

Educational Equity consists of two programs located on site serving subsidized housing residents. FOCUSED (*Friends of Children's Upward Success in Education*) offers two hours of after school instruction two or three day a week. This extends the classroom day, provides remedial learning and encourages parental involvement. FOCUSED coordinates with each child's elementary school to ensure continuity between the school curriculum and the program. SOFE (*Summer of Fun and Education*) is an educational/recreational summer program designed to prevent summer regression and encourage continued development.

Family Connections

Charlottesville Youth and Family Services (CYFS)

Family Connections is all about the successful parenting of kids. Experienced parent educators provides high quality/low cost parenting classes, workshops and individual parent consultation for families in the Central Virginia Area. It uses national parent education curricula to help families learn effecting parenting strategies/skills on how to provide a nurturing and well-supervised home environment that helps their kids reach their potential.

Home Visiting Collaborative

CYFS, MACCA, The Arc, Jefferson Area CHIP, Thomas Jefferson Health District

The Home Visiting collaborative provides support and prevention services to at-risk families with children 0-6 and pregnant women. Primary contact with families occurs in the home. They work to improve family health and stability by providing parenting education, connection to community resources and easier access to health care. They evaluate their services by the number of children who have up-to-date medical care, including regular well-child checks, immunizations, regular growth and developmental screening and by assessment of the parent-child relationship.

Piedmont CASA

Piedmont Court Appointed Special Advocates

Piedmont CASA provides trained volunteers to advocate for the best interests of abused and neglected children, promoting and supporting safe, permanent and nurturing homes for child victims before the courts of the 16th Judicial District of Virginia.

Play Partners

Charlottesville Youth and Family Services (CYFS)

Play Partners volunteers visit family day care homes and other child care settings weekly to introduce quality early childhood literature and bring fun and educational enrichments activities to preschool children from low-income families. Through these activities, children's learning and literacy development is promoted and the quality of the child care setting is enhanced.

Runaway Emergency Services Program

Charlottesville Youth and Family Services (CYFS)

The Runaway Emergency Services Program (RESP) serves runaway, homeless, missing and at-risk youth and their families. Services include: prevention counseling, emergency shelter, and 24-hour hotline. RESP is the only program of its kind in our area providing services on a voluntary basis at no cost to clients. The goal of the program is to divert youth from the social service and juvenile justice systems.

TEENSIGHT'S Teen Pregnancy Prevention REA/CH Program

Focus

TEENSIGHT provides a continuum of age appropriate services to boys and girls that will enable them to avoid early parenting or secondary pregnancies for parenting teens, as they complete their education and develop life skills for future employment.

Victims of Child Abuse

Charlottesville Youth and Family Services (CYFS)

The Victims of Child Abuse program responds to the needs of children and adolescents who have been physically or sexually abused and/or neglected. The program provides clinical assessment and intensive mental health counseling for the victims, and family counseling for non-offending family members.

Youth Development Program

Boys & Girls Club of Charlottesville/Albemarle

The Boys & Girls Club of Charlottesville/Albemarle works “*to inspire and enable all young people, especially those from disadvantaged circumstances, to realize their full potential as productive, responsible, and caring citizens.*” By providing youth with a safe place to learn and grow during out-of-school hours, as well as an ongoing relationship with caring adult professionals and volunteers who provide life enhancing services and character development experiences, the Club provides hope and opportunity to the young people of this community.

YMCA / Park’s Edge After-School Program

Piedmont Family YMCA

This program is a licensed after-school childcare program that provides quality academic help, social development and physical activity to low-income children living at Park’s Edge Apartments and to other low-income families with children attending Greer Elementary School as space permits. The program is offered at no cost to participating families, who are among the poorest in urban Albemarle County.

Achieving **Self-Sufficiency**

Adult Activity Center

ARC of the Piedmont

The Adult Activity Center teaches adults with significant needs due to mental retardation and related disabilities, skills in self-care, communications, decision-making, community involvement and other skills. In this way, the Center works to help individuals become as independent as possible, whether they live with family or in another setting, so that they are participating in the community as fully as they choose. As importantly, the Center provides family members and caregivers with a needed break from providing 24-hour care.

CARES

Monticello Area Community Action Agency

The CARES program provides emergency cash assistance and referral services to Charlottesville and Albemarle County residents. Working with a number of faith-based organizations, CARES secures funds to help eligible clients avoid disconnection of utilities, assists with rent or mortgage payments, and pays for other one-time emergencies (glasses, prescriptions, etc.) Clients in need of human services may receive referrals to one or more community organizations, including other MACAA programs.

Client Services Program

AIDS/HIV Services Group

This program provides case management to people living with HIV/AIDS. Case managers assist clients in accessing health care, transportation, and mental health, substance abuse and other supportive services. Goals of the program include assisting clients to achieve medical treatment adherence, develop and sustain psychosocial support systems, and establish and maintain financial stability. United Way support is used to provide emergency housing and utility assistance to HIV-positive clients.

Community Placement Services

WorkSource Enterprises

WorkSource provides job training and employment to individuals with disabilities. In Community Placement Services, job coaches work with clients to determine job skills and interests. The placement specialists work with clients on interviewing techniques and help to plan and conduct the job search. After a client begins work, the placement

specialist assists in the on-the-job training, and maintains contact with the client and his or her employer for as long as is necessary. During the last fiscal year, 154 employers hired 308 WorkSource clients.

Day Support Services

WorkSource Enterprises

WorkSource provides job training and employment to individuals with disabilities. Its center-based Day Support program offers a combination of pre-vocational, educational and recreational activities for persons with severe disabilities. Community integration is a major focus of this program and frequent field trips are sponsored. United Way support is used for scholarships for program participants.

Emergency Shelter/Transitional Housing

Salvation Army

This program offers crisis intervention by providing emergency shelter, transitional housing, case management, a free soup kitchen, education/training in life skills, and provision of clothing, transportation and other financial assistance. Child care is offered to the children of homeless parents and other low income households. Other character building programs and worship services are offered by volunteers, but are not mandatory.

Hope House

Monticello Area Community Action Agency

Hope House is a transitional housing program serving families coming out of homeless shelters or unsafe housing conditions. During their six-month stay at Hope House, families receive intensive direct service and referral to appropriate human service providers. Families do not pay rent or utilities during their stay, but save 75% of their income to be used for emergencies, credit repair or security deposits.

Legal Education and Assistance for Families

Legal Aid Justice Center

LEAF specifically addresses the unmet health and related needs of low-income families, particularly those with children who are disabled or at-risk, or that have other disabled household members. LEAF is a proactive program, conducting outreach to families that might not realize they could benefit from legal counsel, and whose needs might not be addressed without assistance from LEAF. The LEAF program was created to educate this under-served population about the legal avenues available and also to handle the casework that flows from that outreach.

Off-Site Vocational Services

WorkSource Enterprises

WorkSource provides job training and employment to individuals with disabilities. It owns and operates two off-site businesses that provide job training and employment to persons with disabilities. WorkSource provides housekeeping services at two federal buildings and also operates a bakery/deli, *BreadWorks*.

On-Site Vocational Services

WorkSource Enterprises

WorkSource provides job training and employment to individuals with disabilities. The On-Site program operates an assembly and packaging business that performs sub-contract work for regional firms. The work skills of clients are evaluated and assessed for the feasibility of employment through the Community Placement Program. For some clients, participation in the program is the difference between staying at home and being totally reliant on public assistance. For others, it enables them to find employment in the community and become wage earners and tax payers.

Re-entry Services

OAR/Jefferson Area Community Corrections

The OAR Re-Entry Program helps incarcerated offenders by providing anger management, parenting, life skills, and goal setting to prepare for release, and assists recently released offenders in addressing barriers to employment by providing job readiness, employment training and life skills assistance, with the goal of developing more constructive lifestyles and successful re-integration into our community.

Access to **Health & Wellness**

Adult Day Care

Jefferson Area Board for Aging

Adult Day Health Care provides a safe, protected daytime environment for impaired adults of all ages, with therapeutic care by professional nurses, recreation staff, and specially trained nursing assistants.

Client Services

Sexual Assault Resource Agency

SARA's ultimate goal is to create a climate in which sexual violence is no longer tolerated, and they attempt to do this by: empowering survivors to facilitate their own healing; raising awareness in the community; creating a safe environment for discussion and support for survivors; teaching strategies and skills to reduce the risk of sexual violence; providing information about available resources for survivors; and fostering a multi-disciplinary approach to addressing the issues of sexual violence.

Counseling Services

FOCUS

Counseling Services provides individual, group, family, and couples counseling to women and their families, including men, who need mental health care because they are experiencing emotional problems that range from depression and anxiety, to family and relationship problems, to stressful life transitions. A sliding scale is available and subsidized sessions are offered to those who qualify based on income.

Health Services

Jefferson Area Board for Aging

Health Services provides improved access to and coordination of primary care services to at-risk elderly. Nurse Practitioners, RNs, LPNs, and geriatric case managers provide client-centered case management with coordinated and non-duplicative services for the primary care of at-risk elderly in rural communities.

Medical Assistance

Salvation Army

The Medical Assistance Program provides education and advocacy in navigating the Indigent Care Program of the UVa Medical Center as well as all community, city, county, and state resources to develop and provide a safety net for its clients to regain

self-sufficiency. Food, clothing and emergency supplies are distributed to clients as needed. Referrals are made to local churches and agencies for clients who need financial assistance for rent, utilities, medication, transportation, etc.

Rural Health Outreach (Wellness Passport)

Blue Ridge Medical Center

The Wellness Passport is a benefits plan for low income people in Nelson and Southern Albemarle Counties who do not have health insurance. It provides preventive health services and primary care, with case management services to facilitate access to specialty care.

Rural Health Outreach (Latino Outreach)

Blue Ridge Medical Center

The Latino Outreach Program provides health care, medical interpretation, transportation, case management, and other health-related health services for Latino residents of Nelson County.

Strengthening **Community**

Community Profile

United Way

Our community is changing. To help us assess where we are now as a community and what our future may bring, the United Way, through the efforts of local demographer and board member Steven Nock, has developed the Community Profile. The profile documents trends in our community over the last 40+ years, helping us to see how the community has evolved so that we may better understand what our tomorrow may hold.

Community Leadership Breakfast Series

United Way and the Darden Graduate School of Business Administration

A strong and informed business community can be a powerful partner to the nonprofit community. These cutting-edge forums of real-world thinking on current topics give local business leaders access to the world class talent at the Darden School. Topics have included ethics, accounting practices, issues in health care, angel investing and China's manufacturing revolution.

Disaster Services

American Red Cross

The Disaster Services Program provides a system of disaster planning, preparedness, community disaster education, mitigation and response in a uniform, consistent and responsive manner. Potential disasters include a hurricane or a flood, an unfortunate home or apartment fire, a terrorist attack or a hazardous material spill.

Information & Referral

United Way

The Information & Referral (I & R) Center offers quick, comprehensive and confidential information and referrals to more than 800 local health and human service programs. I & R maintains current information on area organizations and produces printed directories for local human services staff, volunteers, businesses and citizens.

Initiative for Effective Nonprofits

United Way & The Wardle Family Foundation

Well managed organizations are more likely to develop, implement and sustain effective services to meet community needs. Yet few nonprofits have adequate time or resources to focus on improving their governance and management. This program provides financial and other resources to strengthen the business practices of nonprofit

organizations by providing grants to address issues of mission and strategic thinking, governance and leadership, operations, strategic relationships, program delivery and resource development.

Laurence E. Richardson Day of Caring

United Way

The Day of Caring was established in 1992 to promote the spirit and value of volunteerism, increase awareness of local human service agencies and schools, and demonstrate what people working together for the community's good can accomplish. Volunteers build or clear trails, visit with senior citizens, renovate gardens and nature areas at schools, take children on field trips, provide much-needed maintenance or small construction projects for nonprofit organizations and their clients, and other activities.

National Letter Carriers Food Drive

United Way, local letter carriers and Blue Ridge Area Food Bank

This local effort is part of the nation's largest single day food drive. Area residents participate by leaving a bag of nonperishable food items next to their mailboxes in time for the regular mail delivery. Their letter carriers pick up the donations as they complete their normal routes, and deliver them to waiting volunteers at the post office. Food is sorted and picked up by local participating food banks, including the Blue Ridge Area Food Bank, the Greene County Food Bank, and the Nelson Food Pantry, depending on the location where the food is collected. The United Way provides marketing and publicity support and the United Way Volunteer Center recruits the volunteers for receiving and sorting the donations.

Santa Fund

United Way, The Daily Progress and WINA1070 AM

Established in 1894 by James H. Lindsey, founding publisher of *The Daily Progress*, the Santa Fund is an annual collaborative effort between *The Daily Progress*, *WINA1070 AM* and the United Way-Thomas Jefferson Area to raise money for clothing, shoes, medicine and other essentials for needy school children in our community. Fund distribution is coordinated by a volunteer through school representatives in the city of Charlottesville, Albemarle, Buckingham, Fluvanna, Greene, Louisa, Madison, Nelson and Orange Counties who help identify children with needs.

Volunteer Center

United Way

The Volunteer Center facilitates the community's commitment to volunteerism by connecting volunteers with opportunities at local nonprofit organizations and schools. The Center also provides training, consulting and networking opportunities for nonprofit volunteer managers. Its online database, www.BeAVolunteer.info includes all types of

opportunities, including: tutoring children, visiting with homebound residents, building a home for low-income clients, raising guide dogs, planting flowers at local parks, and much more. The database is available for youth, adults, families, seniors and groups and is searchable by interest area, keyword and location.

Women United in Philanthropy

United Way

Women United in Philanthropy was formed in Charlottesville in 2005, in partnership with the United Way–Thomas Jefferson Area. The group first gathered in April, 2005, with the goals of fostering women’s philanthropy and helping the Charlottesville/Albemarle area by addressing human service needs through collective donations. Its mission is to maximize women’s leadership in philanthropy by engaging and educating its membership, increasing charitable contributions, and strengthening our community through the impact of collective giving to support human services.